



PERSONALITY

What makes you the way you are

**THE 5-MINUTE**

**PERSONALITY**

**TEST**

# THE 5-MINUTE PERSONALITY TEST

Below are ten horizontal lines with four words on each line, one in each column. In each line, put the number "4" next to the word that best describes you in that line; a "3" next to the word that describes you next best; a "2" to the next best word, and a "1" by the word that least describes you. On each horizontal line of words, you will then have one "4", one "3", one "2", and one "1".

For example: One choice for the first line of words would be as follows:

3 Likes Authority    4 Enthusiastic    2 Sensitive Feelings    1 Likes Instructions

**L**                      **O**                      **G**                      **B**

1. \_\_\_ Likes Authority    \_\_\_ Enthusiastic    \_\_\_ Sensitive Feelings    \_\_\_ Likes Instructions

2. \_\_\_ Takes Charge    \_\_\_ Takes Risks    \_\_\_ Loyal    \_\_\_ Accurate

3. \_\_\_ Determined    \_\_\_ Visionary    \_\_\_ Calm, Even Keel    \_\_\_ Consistent

4. \_\_\_ Enterprising    \_\_\_ Very Verbal    \_\_\_ Enjoys Routine    \_\_\_ Predictable

5. \_\_\_ Competitive    \_\_\_ Promoter    \_\_\_ Dislikes Change    \_\_\_ Practical

6. \_\_\_ Problem Solver    \_\_\_ Enjoys Popularity    \_\_\_ Gives In To Others    \_\_\_ Factual

7. \_\_\_ Productive    \_\_\_ Fun-Loving    \_\_\_ Avoids Confrontations    \_\_\_ Conscientious

8. \_\_\_ Bold    \_\_\_ Likes Variety    \_\_\_ Sympathetic    \_\_\_ Perfectionist

9. \_\_\_ Decision Maker    \_\_\_ Spontaneous    \_\_\_ Nurturing    \_\_\_ Detail-Oriented

10. \_\_\_ Persistent    \_\_\_ Inspirational    \_\_\_ Peacemaker    \_\_\_ Analytical

\_\_\_ TOTAL "L"    \_\_\_ TOTAL "O"    \_\_\_ TOTAL "G"    \_\_\_ TOTAL "B"

**Total up the numbers for each vertical column (L, O, G, B).**

## THE 5-MINUTE PERSONALITY TEST (Cont)

Now that you've taken the survey, what does it all mean? Each letter (L, O, G, B) stands for a particular personality type. The column with the highest score is your dominant personality type, while the column with the second highest number is your sub-dominant type. While you are a combination of all four personality types, the two types with the highest scores reveal the most accurate picture of your natural inclinations, strengths and weaknesses, and how you will naturally respond in most situations.

The four personality types can be likened to animals to make them easier to understand and remember. Below are complete descriptions of each one.

### L = Lions

Lions are leaders. They are usually the bosses at work...or at least they think they are! They are decisive, bottom line folks who are observers, not watchers or listeners. They love to solve problems. They are usually individualists who love to seek new adventures and opportunities.

Lions are very confident and self-reliant. In a group setting, if no one else instantly takes charge, the Lion will. Unfortunately, if they don't learn how to tone down their aggressiveness, their natural dominating traits can cause problems with others. Most entrepreneurs are strong lions, or at least have a lot of lion in them.

#### Natural Strengths

- Decisive
- Goal-oriented
- Achievement driven
- Gets results
- Independent
- Risk-taker
- Takes charge
- Takes initiative
- Self-starter
- Persistent
- Efficient
- Competitive
- Enjoys challenges, variety and change
- Driven to complete projects quickly and effectively.

#### Natural Weaknesses

- Impatient
- Blunt
- Poor listener
- Impulsive
- Demanding
- May view projects more important than people
- Can be insensitive to the feelings of others
- May "run over" others who are slower to act or speak
- Fears inactivity, relaxation
- Quickly bored by routine or mechanics

<b>Basic Disposition:</b>	Fast-paced, task oriented
<b>Motivated by:</b>	Results; challenge, action, power, and credit for achievement
<b>Time Management:</b>	Lions focus on NOW instead of the distant future. They get a lot more done in a lot less time than their peers. Hate wasting time; and like to <i>get right to the point</i> .
<b>Communication Style:</b>	Great at initiating communication; not as good at listening (one-way communicator)
<b>Decision Making:</b>	Impulsive; can make quick decisions with goal or end result in mind. Results-focused. Needs very few facts to make a decision.
<b>In Pressure or Tense Situations:</b>	The lion takes <i>command</i> and can become autocratic.
<b>Greatest Needs:</b>	The lion needs to see results, experience variety, and face new challenges. They need to solve problems and want <i>direct</i> answers.
<b>What the Lion Desires:</b>	Freedom, authority, variety, difficult assignments, opportunity for advancement.

# O = Otters

Otters are excitable, fun seeking, cheerleader types who love to talk! They're great at motivating others and need to be in an environment where they can talk and have a vote on major decisions. The otters' outgoing nature makes them great *networkers*—they usually know a lot of people who know a lot of people. They can be very loving and encouraging unless under pressure, when they can use their verbal skills to attack. They have a strong desire to be liked and enjoy being the centre of attention. They are often very attentive to style, clothes, and *flash*. Otters are the life of any party and most people really enjoy being around them.

## Natural Strengths

- Enthusiastic
- Optimistic
- Good Communicator
- Emotional and Passionate
- Motivational and Inspirational
- Outgoing
- Personal
- Dramatic
- Fun-loving

## Natural Weaknesses

- Unrealistic
- Not detail-oriented
- Disorganised
- Impulsive
- Listens to *feelings* above *logic*
- Reactive
- Can be too talkative
- Excitable

<b>Basic Disposition:</b>	Fast-paced. People-oriented.
<b>Motivated by:</b>	Recognition and approval of others
<b>Time Management:</b>	Otters focus on the future and have a tendency to rush to the next exciting thing.
<b>Communication Style:</b>	Enthusiastic and stimulating, often one-way; but can inspire and motivate others.
<b>Decision Making:</b>	Intuitive and fast. Makes lots of “right calls” but can make “wrong ones” too.
<b>In Pressure or Tense Situations:</b>	The otter can ATTACK. Can be more concerned about their popularity than about achieving tangible results.
<b>Greatest Needs:</b>	The otter needs social activities and recognition; activities that are fun, and freedom from details.
<b>What the Otter Desires:</b>	Prestige, friendly relationships, opportunity to help and motivate others, and opportunities to verbally share their ideas.



# G = Golden Retrievers

One word describes these people: LOYAL. They're so loyal, in fact, that they can absorb the most emotional pain and punishment in a relationship and still stay committed. They are great listeners, incredibly empathetic and warm encouragers. However, they tend to be such pleasers that they can have great difficulty being assertive in a situation or relationship when it's needed.

## Natural Strengths

- Patient
- Easy-going
- Team player
- Stable
- Empathetic
- Compassionate
- Sensitive to feelings of others
- Tremendously loyal
- Puts people above projects
- Dependable
- Reliable
- Supportive
- Agreeable

## Natural Weaknesses

- Indecisive
- Over-accommodating
- May sacrifice results for the sake of harmony
- Slow to initiate
- Avoids confrontation even when needed
- Tends to hold grudges and remember hurts inflicted by others
- Fears change

<b>Basic Disposition:</b>	Slow-paced, people-oriented
<b>Motivated by:</b>	Desire for good relationships and appreciation of others.
<b>Time Management:</b>	Golden Retrievers focus on the present and devote lots of time to helping others and building relationships.
<b>Communication Style:</b>	Two-way communicator; great listener and provides empathetic response.
<b>Decision Making:</b>	Makes decisions more slowly, wants input from others, and often yields to the input
<b>In Pressure or Tense Situations:</b>	The Golden Retriever gives in to the opinions, ideas, and wishes of others. Can be too tolerant.
<b>Greatest Needs:</b>	The Golden Retriever needs security; gradual change and time to adjust to it; an environment free of conflict.
<b>Desires:</b>	Quality relationships; security; consistent known environment; a relaxed and friendly environment with freedom to work at their own pace.



# B = Beavers

Beavers have a strong need to do things right and *by the book*. In fact, they are the kind of people who actually read instruction manuals. They are great at providing quality control in an office, and will provide quality control in any situation or field that demands accuracy, such as accounting, engineering, etc. Because rules, consistency and high standards are so important to beavers, they are often frustrated with others who do not share these same characteristics. Their strong need for maintaining high (and oftentimes unrealistic) standards can short-circuit their ability to express warmth in a relationship.

## Natural Strengths

- Accurate
- Analytical
- Detail-oriented
- Thoroughness
- Industrious
- Orderly
- Methodical and exhaustive
- High standards
- Intuitive
- Controlled

## Natural Weaknesses

- Too hard on self
- Too critical of others
- Perfectionist
- Overly cautious
- Won't make decisions without "all" the facts
- Too picky
- Overly sensitive

<b>Basic Disposition:</b>	They can be slow-paced, task-oriented.
<b>Motivated by:</b>	The desire to be right and maintain quality.
<b>Time Management:</b>	Beavers tend to work slowly to make sure they are accurate.
<b>Communication Style:</b>	Beavers are good listeners, communicate details and are usually diplomatic.
<b>Decision Making:</b>	Avoids making decisions; needs lots of information before they will decide
<b>In Pressure or Tense Situations:</b>	The beaver tries to avoid pressure or tense situations. They can ignore deadlines.
<b>Greatest Needs:</b>	The beaver needs security, gradual change and time to adjust to it.
<b>What the Beaver Desires:</b>	Clearly defined tasks, stability, security, low risk, and tasks that require precision and planning.

